

Matt Kenney MA LPC

546 76th Street, Byron Center, MI 49315 – (616) 890-0651

Disclosure Statement & Informed Consent

Matt Kenney, MA, LPC

I received a Master of Arts in Counseling degree from Spring Arbor University. My studies focused on general practice psychotherapy from a Christian perspective. As an eclectic, my theoretical orientation draws mainly from cognitive behavioral, existential, narrative, attachment, and object-relations approaches.

Education

- Master of Arts in Counseling degree from Spring Arbor University
- Bachelor of Music Education from Western Michigan University
- Completed courses in Theology and Spiritual Formation from Grand Rapids Theological Seminary

Experience

My experience includes employment for three years at Byron Center Public Schools where I taught both High School and Middle School children. I served as a Pastor at Mars Hill Bible Church in Grandville, MI for 13 years, overseeing various ministry programming, including working with families and individuals to provide pastoral care and counseling. I have also worked as the Director of Ministry Operations for Open Hearts Ministry in Kalamazoo, MI. OHM is a ministry that trains individuals to walk with survivors of abuse. I currently oversee The Journey Christian Counseling LLC, a group Christian Counseling practice, and am the Men's Ministry Director for Crossroads Bible Church in Grand Rapids, MI.

Client Rights and Important Information

- You are entitled to receive information from me about my methods of therapy, the techniques I use, the duration of your therapy (if I can determine it), and my fee structure. Please ask if you would like to receive further information.
- You can seek a second opinion from another therapist or terminate therapy at any time.
- Generally, the information provided by and to a client during therapy sessions is legally confidential. If the information is legally confidential, the therapist cannot be forced to disclose the information, except for the following:
 - You imply/express intended harm to yourself or someone else.
 - There is suspicion of child or elder abuse.
 - You consent to a release of information in writing.
 - I am ordered by a court of law to disclose information.

Unprofessional behavior should be reported to the:

Michigan Department of Licensing and Regulatory Affairs
Enforcement Division
Allegations Section
P.O. Box 30670
Lansing, MI 48909
(517) 373-9196

If you have any questions or would like additional information about your rights as a client, please feel free to ask at any time.

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Appointments

Appointments are scheduled directly with me. In general, appointments are scheduled weekly or bi-weekly, but are also offered on an “as-needed” basis. If you must cancel an appointment, please do so a **full 24-hours in advance** of the session. Missed or cancelled appointments with less than 24-hours notice will be charged at your usual fee (except in the infrequent instances of illness, emergencies, or acts of God). If you are more than 30 minutes late to a scheduled session, you will need to reschedule and you will be billed for a full missed session. If I miss a scheduled appointment without 24-hour prior notice, unless due to an emergency, you will be provided with one free session.

Contacting Me

If you need to speak with me between your regularly scheduled sessions, please feel free to call my confidential voicemail at (616) 890-0651 or email me at matt@journeychristiancounseling.com. I typically, but not always can return calls or emails within 24 hours. These are free places to get a hold of me but I reserve the right to ask that we bring the conversation into a counseling session if I feel it is appropriate.

Emergencies

I have limited my practice to clients who are not in need of 24-hour care or emergency mental health services. If you feel you have need for this type of care, please inform me so that I can refer you to a more appropriate setting. If you have an emergency situation, either call 911 or call Network 180 at 1-800-273-8255, or go to a local hospital emergency room.

Fee Information

The basic fee for individual, family, or couples sessions is \$90 per a 45-minute session. Group therapy fees are dependent on the specific group. These fees for counseling services are based on customary and reasonable fee profiles for this area.

Payment is expected at the time of service. I accept cash, check, or credit card all in person. Checks can be made payable to The Journey Christian Counseling LLC. There will be a \$25 fee for all checks returned due to insufficient funds. If you should encounter financial difficulties at any time during treatment, please discuss this with me promptly. In the event that you get two sessions behind in paying your fee, another appointment will not be made until you and I agree on how you will pay past and future fees.

I do not accept private insurance assignments. If you wish to file for reimbursement with your insurance provider, I will be glad to provide you with a medical provider receipt for each session upon your request. A needs based, sliding fee scale is available to any client upon request.

Referrals

If at any time I feel that I cannot be of help to you, I will attempt to provide you with an appropriate referral. Finally, the work that I do is highly based on word of mouth referrals. I am always thankful and appreciative of all referrals from my clients. Business cards are available upon request if you know anyone that you believe could benefit from meeting with me. Thank you.